

Professional & Advanced  
Clinical Training Students

## Guidelines for Practicing Nutrition Response Testing

In doing this work, we must make sure we are operating within the guidelines of the law and that we are technically correct at the same time.

In some states, such as Georgia, the Chiropractic Board passed a regulation making it an offense to rely *solely* on any kinesiological (muscle response testing) based system for “diagnosis,” and requires every licensed practitioner to ensure that he does standard examination procedures on each patient (in addition to any adjunctive “non-conventional”) procedure. We can expect this trend to continue as the establishment monopoly starts to feel the impact of the more effective alternatives impinging on their turf.

So, if you are practicing under a professional license, make sure that while you master Nutrition Response Testing as the incredible system of healing that it is, that you do not overlook performing the appropriate examinations and record keeping that is considered “standard” for your profession, so you do not become susceptible to being attacked from within your own profession.

### LEGAL TERMINOLOGY TIPS

1. The name of the proprietary testing technique developed by Dr. Freddie Ulan and utilized by Ulan Nutritional Systems is “Nutrition Response Testing.” It is a registered service mark, so the “®” must be used on all documents in which the words “Nutrition Response Testing” appear, the first time it is used in that article, whether it is published on paper, or in an email. On a website the “®” must be used the first time “Nutrition Response Testing” appears on each website page.
2. Additionally, all such written materials must have the following acknowledgement written in the footnote:

*“Nutrition Response Testing is a registered service mark owned by Dr. Freddie Ulan and used with his permission.”*

Permission to utilize this registered service mark and the copyrighted materials owned by Freddie Ulan is required before it can be used on any printed or electronic media, including websites, YouTube, or any social media. Permission to use this service mark and works must be in writing from Freddie Ulan or his legal representative before any such publishing.

3. On a website, or in any written or digital materials use the exact word-for-word description of Nutrition Response Testing as given in the “Nutrition Response Testing New Patient Orientation” handout which reads:

*“**Nutrition Response Testing** is a non-invasive system of analyzing the body in order to determine the underlying causes of ill health. When these are corrected through safe, natural, nutritional means, the body can repair itself in order to attain and maintain more optimum health.”*

4. The correct name of the technique is “Nutrition Response Testing” **NOT** Nutritionall Response Testing.

5. Any abbreviations such as “NRT,” “N.R.T.,” “NRTesting,” “N.R.Testing,” etc. etc. cannot be used, as the initials “NRT” are a registered trademark owned by another individual, and would violate his trademark rights. If any of your office brochures or website data has it abbreviated, you can be guaranteed to receive a letter from the attorney of the owner of “NRT.” Therefore, it must always be spelled out as “Nutrition Response Testing.” It is also a registered service mark, so any use of the name will need to include a “®” as per No.1 above. Thus the only correct use of it is:

### **Nutrition Response Testing**

6. A practitioner cannot use this type of work legally to **EXAMINE** a patient in order to make a [medical] **DIAGNOSIS**. But you may use this system as an “adjunct” in order to further **ANALYZE** a patient’s body in order to assist you in determining possible **UNDERLYING CAUSES** which may be contributing to non-optimal health conditions.
7. When the **UNDERLYING CAUSE** of the problem is found, it is not “**TREATED.**” You may be able to assist the patient in helping his/her body **CORRECT THE CAUSE** by supplying appropriate **NUTRITIONAL SUPPORT** and **LIFESTYLE GUIDANCE** to the patient in order to facilitate more normal (physiological) function.
8. We do not **PRESCRIBE**. We do **RECOMMEND** and make available certain supplements, and we educate the patient on how and when is the best way to take them, in order to help bring about a more healthful condition for their body.
9. We never **DIAGNOSE** or **TREAT** any **INFECTIONS (or any other “disease”)**. We can help the patient who may be suffering from these, by identifying possible ways to improve their physical condition and **RECOMMEND** appropriate food supplements and dietary guidelines to **SUPPORT** the body’s own healing processes.
10. We never **DIAGNOSE** or **TREAT** any **HEAVY METAL OR CHEMICAL TOXICITY OR POISONING**. We can help the patient who may be suffering from these, to identify certain **INTOLERANCES** and **RECOMMEND** appropriate food supplements and dietary guidelines to **SUPPORT** the body’s own healing processes.
11. We never **DIAGNOSE** or **TREAT** any **FOOD ALLERGIES**. We can help the patient who may be suffering from symptoms of these, such as by identifying **FOOD INTOLERANCES** and **RECOMMEND** appropriate food supplements and dietary guidelines to **SUPPORT** the body’s own healing processes.
12. We never **DIAGNOSE** or **TREAT** any **MEDICAL CONDITIONS**. You may be able to assist patients who may be suffering from these, by identifying possible underlying causes that are impeding normal physiological functioning, and **RECOMMEND** appropriate food supplements and dietary and other lifestyle guidelines to **SUPPORT** the body’s own healing processes.

Freddie Ulan  
Founder

By signing below you agree to abide by these legal guidelines for the protection of Nutrition Response Testing.

\_\_\_\_\_  
Print Name

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Sign Name

\_\_\_\_\_  
Date